

Health Benefits

At-a-Glance | 2026/2027



Student Association
of Holland College

Accidental Dental	100%	up to \$1,000 per injury
AD&D	—	see schedule of losses
Ambulance	100%	unlimited
Counselling	100%	up to \$1,000 per student year
Educational Assessments	100%	up to \$1,000 per lifetime
Eye Exam	100%	up to \$100 every 24 months
Eye Wear	100%	up to \$150 every 24 months
Health Practitioners	100%	acupuncturist chiropractor dietitian massage therapist * naturopath consultations osteopath physiotherapist * podiatrist/chiropracist speech therapist
Hearing Care *	100%	up to \$500 every 60 months
Life Insurance	—	\$5,000 benefit
Medical Equipment *	100%	up to \$3,000 per student year
Orthotics or Orthopedic shoes *	50%	up to \$200 per student year
Prescription Drugs	90%	up to \$5,000 per student year
Student Assistance Program	—	Available 24 hours a day, 7 days a week
Student Wellness	—	Travel and Health Plan Navigators
Travel Benefit	\$5,000,000	per trip
Wellness Benefit	100%	up to \$100 per student year
Virtual Care by Maple	100%	up to six sessions per student year

This is a basic overview of your health & dental plan, created as an easy way to assist students to maximize coverage. Complete descriptions of all benefits, including specific limits, are listed in your booklet.

* Referral required every 12 months

Pharmacy Direct Billing:

Group: 6139

Carrier: MDM

Pharmacy Support: 1 (800) 838-1531

Student Benefits

sahc.drawbridge.ca

1 (888) 404-6623

studentbenefits@pbas.ca

Address:

101-33 Pippy Place

St. John's, NL A1B 3X2