

CREATE

YOUR

FUTURE

Gender-Affirming Care

Support that Fits You.



Gender-affirming care helps you live as your **authentic** self by supporting your gender identity through **social**, **psychological**, and **medical** options. It's about feeling comfortable and confident in who **you** are.

Why it Matters.

Gender-affirming care can:

- Improve mental health and emotional wellbeing.
- Reduce anxiety and depression.
- Build self-confidence and safety in your identity.
- Help you focus on school and life without gender-related stress.

Your KSU Health Benefit Plan is here to support you. Visit your Member Portal here:



ksu.drawbridge.ca

What's Covered Under Your Plan

\$10,000 per lifetime maximum when a diagnosis of gender dysphoria from a legally qualified physician (M.D.), or nurse practitioner is provided.

Foundation (Core) Coverage

Covers transition-related surgeries and treatments that may not be included in your provincial health plan. This includes:



- Genital and chest/breast surgeries (if not covered by public health)
- Vocal surgery and tracheal shave
- Chest contouring or breast construction
- Facial feminization surgery
- Laser hair removal
- Vaginal dilators (post-surgery care)

These services help align your body with your gender identity and support your overall comfort and wellbeing.

Focused Coverage

Supports additional gender-affirming procedures to enhance comfort, confidence, and self-expression. Covered services may include:

- Nose surgery (rhinoplasty)
- Liposuction or lipofilling
- Facial or eyelid lifts
- Lip and cheek fillers
- Hair transplant or implants
- Gluteal lifts or implants



These treatments focus on facial and body features to help affirm your identity in the way that feels right for you.

Counselling

80% up to \$1,000 per student year

Counselling can help with a range of needs, from building self-confidence and navigating social transitions, to preparing for medical interventions like hormone therapy or surgery.